



DAY AT A GLANCE

Morning Greetings & Check-In	
20 Min	Morning Meeting Welcome Super Heroes, make name tags day 1
15 Min	Culture Champions Quick culture lessons with art project at the end.
10 Minute Snack Break	
45 Min	Movement Matters Super Heroes choose between movement activities like walks and guided yoga and a sport of the week.
45 Min	Hero's Choice Freechoice rotation. Superstations can be provided to add more structure: Comic Book Club, SuperHero Story Time, Game Board Bros, Drawing of the Day.
10 Minute Snack Break	
45 Min	Creation Legends Collaborative art projects and Music.
30 Minute Lunch – 30 Minute Outdoor Play	
45 Min	Super STEM Science lessons, nature walks, experiments, and problem-solving activities
30 Min	Community Challenge Weekly Camp Challenges and Daily community challenges. Can include rehearsals, kindness projects, scavengers, etc.
Close & dismiss	

